

CERTIFICATE

OF PARTICIPATION

This is to certify that

Helen Hall

Has successfully participated & completed the

29km Namaqua Quest Trail Run 2018 - Day 2

held at Namaqua.

TIME 04:26:15

PACE 09:09/km

OVERALL 18 of 42

24 August 2018, Fri

Date

GENDER 7 of 22

50 - 59 2 of 7



BoutTime

Signature